

RÉSUMÉ

Leslie (Leddi) Fraser, Ph.D. Psychologist

LICENSURE

Licensed Psychologist # PY 9222 in Florida, USA
Licensed Psychologist # PSY.0004096 in Colorado, USA

EDUCATION

Doctor of Philosophy in Psychology with an emphasis in Clinical Psychology (2010-2013)

- Fielding Graduate University, Santa Barbara, CA
- GPA: 4.050 (APA Accredited)

Master of Arts in Psychology with an emphasis in Clinical Psychology (2007-2010)

- Fielding Graduate University, Santa Barbara, CA

Post Graduate Diploma in Art Therapy (1990-1991)

- Toronto Art Therapy Institute, Toronto, ON, Canada

Honors Bachelor of Arts Degree in Sociology/Psychology (1986-1989)

- York University, Toronto, ON, Canada

CLINICAL EXPERIENCE:

Comprehensive MedPsych Systems, Tamarac, FL (June 2019-present)

Responsibilities include:

- Providing psychotherapy for a general mental health population
- Providing development, administrative, and marketing for IOP
- Providing clinical services to IOP patients

Clinical Director at Evolutions Treatment Center (May 2015-June 2019)

Responsibilities include:

- Responsible for the recruitment, retention, discipline, evaluation, and training of all clinical department staff members.
- Ensures delivery of clinical services according to policies and procedures.
- Part of the senior management team, responsible for agency planning and implementation of new programs of clinical services. Coordinates clinical schedules.
- Conducts statistical analysis on pre-and post-admission clinical data to coordinate treatment services on all clients admitted to the center.
- Consults with admissions team and interviews patients as needed to ensure potential admissions meet inclusion criteria for admission.
- Coordinator of the FADAA grant program for medication assisted therapies (MAT) Vivitrol Program.
- Ensures that all services being provided are in compliance with HIPAA.
- Clinical supervision for therapists, practicum student, and interns.
- Creates and edits patient handbook.
- Communicates with families or referral sources as deemed appropriate.
- Coordinates all training for staff in conjunction with residential director.
- Performs qualitative chart audits as required to insurance compliance.
- Reviews and modifies all policies and procedures on an annual basis. Maintains JCO and DCF standards and manages audits.
- Supervises the residential manager and BHTs.
- Super-administrator of Electronic Medical Records (EMR) System. Creates, modifies and generates custom electronic forms.
- Reviews all clinical component of EMR, and modifies as required.
- Supervises all psychological testing and reviews integrated reports.
- Liaise between psychiatrist/medical director, and clinical team.
- Crisis management, Baker Act, and AMA prevention.
- Provides individual and group therapy (including smart recovery and anger management) as required.

Primary Therapist/Clinical Psychologist: Evolutions Treatment Center

Fort Lauderdale, FL (Sept 2014 to May 2015)

Responsibilities included:

- provided individual and group therapy to a small caseload of individuals struggling with co-occurring substance abuse and mental health issues
- developed rapport and provided co-occurring disorder psychoeducation to families of patients
- facilitated art therapy groups
- crisis management and intervened to prevent high risk AMAs
- demonstrated strong organizational, leadership, record keeping, and time management capabilities

Postdoctoral Fellow at University of the Rockies, Colorado Springs, CO
(August 2013 to Sept 2014)

Responsibilities included:

- continued all predoctoral internship responsibilities including individual and group psychotherapy, supervision of practicum students, consultation to practicum students, etc
- initiated and obtained funding for an outcome study focusing on the influence of therapists' emotional intelligence, executive functioning, and personality traits on client outcomes at a university training clinic
- developed a database to be utilized for dissertations and other longitudinal research at the university training clinic
- led the implementation of electronic health care records including the development of algorithms and training videos
- provided ongoing assistance to supervisors and practicum students to facilitate transition from paper charts to electronic health care records
- instituted new intake procedures consistent with electronic health care system
- assigned clients to practicum students and monitored intake process

Predocotrual Intern at University of the Rockies, Colorado Springs, CO
(August 2012 to August 2013)

Responsibilities included:

- provided psychotherapy and assessments to community mental health clients
- facilitated therapy groups focusing on addictions, grief, and life transitions
- taught experiential, theoretical and practical art therapy groups for practicum students
- supervised practicum students, both in individual and group formats
- provided open door assistance, case conceptualization, crisis intervention, and debriefing for all practicum students in the clinic, which averaged 35-50 students per term
- acted as a teaching assistant at the university
- completed various administrative tasks necessary to manage a community mental health center and training program
- liaised with other professionals, including lawyers seeking evaluations for clients
- presented clinical and administrative information at clinic meetings
- conducted didactic training seminars focusing on art therapy

Associate Director and Art Therapist at Toronto Center for Creative Arts Therapy, Toronto (1991 to 1997)

Responsibilities included:

- conducted clinical services including: intakes, psychosocial assessment, non-verbal/projective assessments, individual and group art psychotherapy with adults, youth and children with diverse presenting problems, diagnoses, and from varied ethnic and SES backgrounds
- facilitated transition process for patients leaving inpatient treatment centers.
- coordinated services with support professionals from various disciplines and organized a variety of mental health services for clients
- designed, planned and executed experiential workshops for agencies and mental health providers
- led fund raising activities, grant writing to private foundations and the government
- coordinated public relations activities and community outreach
- completed administrative tasks necessary to manage a community mental health center

Practicum Therapist at the following sites:

Challenges Treatment Center, Ft. Lauderdale, FL (2009-2010)

- provided clinical services to clients coping with co-occurring substance abuse and mental health issues including biopsychosocial intake assessments, individual therapy, as well as co-occurring disorder, women's, art therapy, relapse prevention and process groups as needed
- developed case conceptualizations, developed treatment plans, and completed session notes
- participated in daily clinical team meetings and discussed individual cases
- contacted families for additional information at the outset of treatment

Hincks-Dellcrest Youth Mandated Services (YCJA), Toronto, Canada (1990-1991)

- provided individual therapy services to young offenders (adolescent population from 15-years-old to 21-years-old) incarcerated in an open custody setting whose legal issues ranged from minor infractions to felony kidnapping and rape
- conducted research utilizing a pre-post test study to assess the efficacy of art therapy to improve negative self-evaluation/self concept (*thesis population*).

Toronto Art Therapy Institute, Toronto, Canada (1990-1991)

- conducted group therapy for physically and sexually abused women
- developed interventions in coordination with the clinical director and program supervisors of the training program
- participated in case conferences, conducted services with clients and training faculty

Reena Foundation, Toronto, Canada (1990-1991)

- conducted group therapy with adults with developmental disabilities
- assessed individual client needs based on information from caseworkers in order to provide tactile and sensory stimulation for developmentally disabled clients with co-occurring multiple disabilities including auditory and visual impairments, as well as autistic spectrum disorders

Baycrest Center for Geriatric Care, Toronto, Canada (1990-1991)

- provided group and individual therapy to geriatric inpatient clients
- collaborated with occupational therapists to determine constructive strategies to compensate for clients' physical and cognitive limitations

Catholic Elementary School Board, Toronto, Canada (1989-1990)

- conducted group therapy for children from age 8 to 12 in a special education class
- coordinated with the teacher to determine strategies to assist the clients to cope with emotional, familial and behavioral issues

Margaret Fletcher Daycare Center, University of Toronto, Toronto, Canada (1989-1990)

- provided group therapy for preschool children at daycare center
- worked with preschool teachers to determine the needs of individual clients
- discussed client progress with parents or caregivers

Humber River Memorial Hospital, Toronto, Canada (1989-1990)

- conducted individual and group therapy for inpatient and outpatient adult clients with a range of diagnoses
- participated in hospital training program that utilized direct auditing of therapy sessions through the use of one way mirrored treatment rooms

Bloorview Hospital, Toronto, Canada (1989-1990)

- provided individual therapy with adolescents with severe physical disabilities
- participated in multidisciplinary team meetings and case conferences
- collaborated with occupational therapists to determine constructive strategies to compensate for clients' physical limitations

RESEARCH EXPERIENCE

Funded research, "*The Influence of Therapists' Emotional Intelligence, Executive Functioning and Personality Traits on Clinical Outcomes at a University Training Clinic*" (September 2013 to September 2014)

Research Teaching Assistant at Mailman Center for Child Development, Miami, FL (January 2010 to June 2010)

Responsibilities included:

- researched literature pertaining to depression, pregnancy, as well as facilitated and non-facilitated therapy groups. Utilized this information as well as the content of sessions to propose research questions, identify themes and key areas of interest, focusing on notable differences in interactions, affect and topics within the different group therapy configurations
- assisted in developing the coding system to transform qualitative information into quantitative data
- trained, supported, and coordinated students for research project
- generated literature review and study hypotheses
- coded therapy sessions and compiled basic statistics

Doctoral Dissertation: *Narcissism: Delineating Subtypes through Measures in the Personality Trait, Situational, and Behavioral Domains.* Committee Chair: Anthony Greene, Ph.D.

Thesis: *The Efficacy of Art Therapy to Improve Negative Self-Evaluation/Self Concept in Young Offenders*

BUSINESS EXPERIENCE:

Human Resources Director at Bartell Industries Inc, Brampton, Canada (1995 to 1999)

Responsibilities included:

- organized health insurance, pension plan revisions and negotiations
- instructed and facilitated team based management on all levels of corporation
- planned, designed, and executed corporate retreats
- coached the executive team, while focusing on developing/honing leadership skills
- created safety procedures and protocols manual as well as the employee handbook
- evaluated all job positions based on researched criteria and redesigned pay structure
- liaised between the corporation and various consulting firms
- provided mental health and addiction resource information to employees
- negotiated/arbitrated between management, employees and union

MEDIA/PRESENTATIONS

- CEU Presentation on 12 Step and Smart Recovery for psychologists, mental health workers and drug court team
- Interviewed in film documentary "A Child's Grief"
- CBC news interview on Community Mental Health
- CBC television interview focusing on the use of the Creative Arts Therapies with Survivors of Trauma
- Presentation at the University of Toronto focusing on Community Mental Health
- Presentation at the Rotary Club focusing on the Haitian/Bahamian Conflict in Abaco, Bahamas

VOLUNTEER SERVICES

- Research volunteer for the Superintendent of Police to identify factors exacerbating anti-immigrant sentiment and inter-group aggression (2006-2008)
- Research volunteer for the Superintendent of Police to identify factors underlying Bahamian-Haitian youth conflict in the high schools. Presented research to the Rotary Club. Elicited a grant and community support (2007-2008)
- Member of the Board of Directors of WHOA, an organization dedicated to save from extinction the most critically endangered breed of horse in the world. Involved in fund raising activities, communicating with government officials, as well as physical assistance/monitoring of the horses (2002-2010)
- Committee member of Friends of the Environment. Involved in organizing the largest fundraising event of the year for an environmental organization dedicated to protecting the marine and terrestrial environments in Abaco, Bahamas (2005-2008)

POSITIONS/OFFICES HELD WITHIN PROFESSIONAL ORGANIZATIONS

- Co-Chair of Ethics – Florida Psychology Association Broward Chapter (FPA) Current
- Psychology graduate student representative at Fielding Graduate University (2007 to 2012)

PROFESSIONAL AFFILIATIONS & HONORS

- American Psychological Association
- Florida Psychological Association, Broward Chapter
- Colorado Psychological Association
- Psychological Society of the Pikes Peak Region
- Psi Chi Chapter 1100, National Honor Society in Psychology