

RÉSUMÉ

Wendy D. Sims, Ph.D.

LICENSURE

Florida license: PY8217

EDUCATION

Oklahoma State University, Stillwater, Oklahoma **December 2009**
Doctor of Philosophy, Counseling Psychology (APA Accredited)

Midwestern State University, Wichita Falls, Texas **December 2004**
Master of Arts in Psychology

Texas Tech University, Lubbock, Texas **May 2002**
Bachelor of Arts in Psychology

CLINICAL and ADMINISTRATIVE EXPERIENCE

Comprehensive MedPsych Systems, Inc. (*acquired by Refresh Mental Health in March, 2018*)
Sarasota, FL

Position: Assistant Clinical Director **December, 2019 - present**

Assists in overseeing and supervising 100+ clinicians including psychiatrists, psychologists and MS level therapists. Assist with program development. Direct responsibilities for documentation accountability, HIPAA compliance, ethical compliance, and wide variety of responsibilities providing assistance and support to the Clinical Director

Position: Staff Psychologist **March, 2011 - December, 2019**

Individual, Couples, and Family Psychotherapy
Specializing in Pain Management

New College of Florida
Counseling & Wellness Center, Sarasota, FL **September 2009 – February, 2011**

Position: Post-Doctoral Fellow

Conduct intake assessments, individual psychotherapy, crisis intervention, and judicial assessments with college students. Performed personality assessments. Educational outreach programming. Operated as a liaison to Residence Life staff. Advisor to the Active Minds student group.

Metropolitan State College of Denver
Counseling Center, Denver, CO

August 2008 – July 2009

Position: Pre-doctoral Intern

APA Accredited

Conducted intake assessments, provided individual, group, and couples counseling, administered psychological assessments, and provided crisis intervention to an urban college student population. Co-led a DBT skills group.

Oklahoma State University
Student Counseling Center, Stillwater, OK

August 2007 – May 2008

Position: Intake Counselor

Conduct intake interviews, psychosocial interviews, and crisis counseling with university students. Provide consultation to university faculty and students, community members, and parents.

Oklahoma State University
Student Counseling Center, Stillwater, OK

August 2006 – May 2007

Position: Practicum Counselor

Provided short-term individual counseling to university students experiencing personal, emotional, and career problems, as well as conducted intake interviews and psychosocial interviews. Performed administrative duties. Provided emergency/crisis intervention, consultation with members of the university community, and presented educational outreach programs to university students. Primary presenting issues included: depression, anxiety, stress, career decisions, body image concerns, self-esteem, relationship issues, adjustment issues, academic difficulties, and ADD/ADHD symptoms.

Stillwater Domestic Violence Services
Stillwater, OK

August 2005 – August 2006

Position: Practicum Counselor

Provided individual counseling surrounding domestic violence issues, to primary and secondary victims. Clientele included mostly women who experienced physical, sexual, or psychological abuse. Conducted counseling with women living in a shelter, as well as outpatients. Co-led a group for adult female and male survivors of sexual assault.

North Texas State Hospital, Wichita Falls, TX

January 2004 - May 2004

Position: Practicum Counselor

Responsibilities included brief cognitive assessment on the inpatient geriatric unit at North Texas State Hospital. Led a psychoeducational mental health-mental illness group.

Clinics of North Texas, Wichita Falls, TX

September - December 2003

Position: Practicum Counselor

Participated in individual therapy sessions with outpatient community clients and group therapy sessions with Vietnam Veterans. Consulted about intervention techniques, case conceptualization, and therapeutic processes. Problems included chronic pain, depression, anxiety, grief, stress, anger, and PTSD. Assisted in conducting parent and child interviews to screen children for ADHD.

**Midwestern State University Psychology Clinic and
Community Based Outpatient Clinic**

Wichita Falls, TX

June 2003 – August 2003

Position: Practicum Counselor

Responsibilities included conducting brief individual psychotherapy, couples therapy, family therapy, intake interviews, and assessments with university students and community members. Treatment modalities were mainly cognitive-behavioral and interpersonal. Administered personality inventories.

TEACHING EXPERIENCE

Instructor: General Psychology
Midwestern State University

August 2003–December 2004

PUBLICATIONS and RESEARCH

Winterowd, C., & Sims, W. (2009). Counseling persons with chronic pain. In I. Marini & M.A. Stebnicki (Eds.). *Professional Counselor's Desk Reference* (pp. 851-861). New York: Springer.

Dissertation: The Relationship of Attachment Dimensions and Physician-Patient Attachment with Expression and Experience of Anger Among Chronic Pain Patients

APA Convention 2008

Poster Session: Predicting Attrition from Counseling in a University Counseling Center Sample Using the Outcome Questionnaire-45.2.

Jason White, John Romans, Steve Harrist, Donald Boswell, and Wendy Sims

Poster Session: Psychometric Properties of the Outcome Questionnaire-45.2.

Wendy Sims, Donald Boswell, Jason White, Steve Harrist, John Romans, and Nance Mitchell

APA Convention 2007

Poster Session: Anger and Aggression in High School and College Athletes and Non-athletes.
Carrie Winterowd, Steven Edwards, Wendy Sims, Brandon Stinnett, Dylan Burns

PRESENTATIONS

New College of Florida (2009-2010)

- Residence Life Training
- Sexual Assault Awareness
- Stress Management
- Rape Prevention
- Sex Signals

University of South Florida (2008-2009)

- Self-Esteem Workshop
- Stress Management Workshop

Oklahoma State University (2006-2008)

- Domestic Violence
- Healthy Relationships
- Domestic Violence & Sexual Assault