

# RÉSUMÉ

## JILL SCHNEIDER, LMHC

### **EDUCATION AND LICENSURE**

**Florida Atlantic University**, Boca Raton, FL

January 2006 - May 2010

*M.Ed.*: Program of Mental Health Counseling, GPA: 4.0/4.0

**Brandeis University**, Waltham, MA

August 1980 - May 1984

*B.A.*: Near Eastern & Middle Eastern Studies

**Florida Licensed Mental Health Counselor, MH #12190**

### **WORK EXPERIENCE**

**Comprehensive MedPsych Systems, Tamarac, FL**

June 2019 - Present

*Psychotherapist*

- Providing psychotherapy and EMDR to general outpatients including children, adults, couples, and families

**Private Practice Owner and Psychotherapist**

July 2015 - Present

*Individual Counseling, EMDR Therapy; all populations*

**Memory Training Centers of America**

November 2014 - May 2015

*Clinician*

- Memory training exercises and psychotherapy targeting Cognitively Impaired Senior population, part time

**Transformation Project, Davie, FL**

August 2010 - December 2014

*Individual and Group Therapy; Children, Teens, Adults*

- Assessed and provided treatment for: PTSD, Personality Disorders, Depression, Anxiety, Eating Disorders, Gender issues and Chemical Dependency
- Implemented integrated approach based on Systems Theory, Gestalt, CBT & Solution Focused Therapy tailoring treatment to client
- Honed skills in Eye Movement Desensitization Reprocessing (EMDR): Bi-lateral stimulation therapy designed to reprocess dysfunctional cognitions, memories and feelings
- Co-facilitated Trauma Group employing Experiential Approach

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**Angel's Recovery**, Wellington, FL

November 2012 - February 2014

*Individual and Group Therapy*

- Lead groups targeting Dual Diagnosis population;  
Applied psycho-education, didactic, Socratic and Experiential methods  
Employed Art Therapy, Guided Imagery and breathing exercises
- Implemented EMDR Therapy: Individual client caseload

**Florida Atlantic University**, Boca Raton, FL

September 2008 - July 2010

*Intern, College Counseling and Psychological Services*

- Practiced individual therapy with clients ages 18-45.  
Carried caseload of 20-25 clients per week utilizing  
SFT integrated with techniques from CBT and REBT
- Gained experience with Narrative Therapy, Systems Approach,  
Gestalt Interventions and Art Therapy
- Co-facilitated Groups using Experiential Therapy: Psychodrama,  
Sculpting, Spectrograms & Role Playing

#### **CERTIFICATIONS & PROFESSIONAL DEVELOPMENT**

- *EMDR*A Certified Clinician (**EMDR Therapy**): Basic Training, Complex Trauma Training,
- Certified Healthcare Provider **BLS-CPR/AED**: Adult/Child/Infant, Authorization#164004
- Certified Facilitator for Client-Centered Therapy **Groups** (*Center for Group Counseling*)
- NAPW's Elected: "Woman of the Year in Mental Health" (2010-2011)
- Recognizing and Responding to **Suicide Risk**: Essential Skills for Clinicians
- A Roadmap to Full recovery from an **Eating Disorder**; (*IAEDP*)
- Memory and Aging (*MHA*)
- Family Counseling & Consultation: Resilience-based Interventions: *Adlerian Training Institute*
- Alcohol Screening & Intervention for College Students: *American Counseling Assoc. BASICS*
- Certificate of Completion: EVP (**Emergency Volunteers Project**) October 2014-Present
- Certified **RRT Practitioner**: *IRRT (Institute for Rapid Resolution Therapy)* Aug. 2018-Present

#### **Additional SKILLS:**

FEMA trained support worker