

MANUEL MOTA-CASTILLO, MD
Psychiatrist

PROFESSION

Medical Doctor: Universidad Autónoma de Santo Domingo,
Dominican Republic.

SPECIALTY

Child, Adolescent and Adult Psychiatry.

LICENSES

FL: ME-82747

Virginia: 0101-25-5053

Georgia: 65148

California: 154-305

BOARD CERTIFICATION

Adult Psychiatry

Psychiatric Training

- 07/94- 06/96: Resident: Adult Psychiatry (PGY-3 and PGY-4)
Maricopa Medical Center, Phoenix, AZ.
(Additional training in Family Therapy at the Hispanic Family
Center, Arizona State University, Tempe, AZ)
- 07/93-06-94: Resident: Adult Psychiatry (PGY-2)
Harvard Medical School at Massachusetts Mental Health Center
and New England Deaconess Hospital, Boston, MA.
- 07/91-06/93: Fellowship: Child and Adolescent Psychiatry, New York
Medical College at Metropolitan Hospital Center, NY.
- 07/90-06/91: Categorical Internship in Pediatrics
Caguas Regional Hospital, Caguas, Puerto Rico.
(Now San Juan Bautista Medical School)

Professional Membership

American Psychiatric Association
Federación Iberoamericana de Medicina Neuropsicológica
International Association of Medical Science Educators

Relevant Experience

- 11/20-present **Comprehensive MedPsych Systems, Tamarac, FL**
Staff Psychiatrist (addictions and general psychiatry)
- 3/19-3/20 Staff Psychiatrist Community Health Centers, Orlando, FL
- 05/18-03/19 Staff Psychiatrist Penny Lane Centers, Lancaster CA (telepsychiatry)
- 01/16-02/18 Chair of Psychiatry and Resident Program Director, **Burrell College of Osteopathic Medicine**
- 05/16-02/18 Director of Behavioral Services, **Memorial Medical Center, Las Cruces, NM** (Only consulting psychiatrist for the medical center). Preceptor for the Residents of the Family Medicine Program.
- 08-15-04/16 Chief Medical Officer, **Mesilla Valley Hospital, Las Cruces, NM**
- 04/13-07/15 Private practice, Lake Mary, FL
- 01/12-04/13 Staff psychiatrist, Florida Healthcare Plan, Daytona Beach, FL
- 04/11-10/14 Staff psychiatrist, Family Preservation Services, Lake Mary, FL
- 04/04-12/11 Consulting psychiatrist and Hospital-based practice, **Florida Hospital Orange City, Florida**. (For 6 years the only psychiatrist providing consultations) (Also had my own private practice for the first 2 years until it was acquired by Florida Hospital. Then I did C&L in AM and outpatient clinic in the afternoon)
- 08/04-09/07 Medical Director, **The Grove Academy**, Winter Springs, Florida
- 03/03-04/04 Staff Psychiatrist, **ACT Corporation**, Daytona Beach, Florida
- 03/01-03/03 Staff Psychiatrist, **Horizons Behavioral Health**, Orlando, Florida
- 03/00-03/01 Staff Psychiatrist, **Frontier Health Corp.**, Johnson City, TN
- 05/96-09/99: Staff Psychiatrist (Part-time) **Arizona Department of Juvenile Corrections** Phoenix, AZ.
- 06/97-05/99 Medical Director Youth Development Institute (RTC), Phoenix, AZ
- 05/96-02/00 Private Practice, **Northlights Counseling**, Phoenix, Arizona.
- 04-95-04-97 Contract psychiatrist at Phoenix and Prescott VAMCs

Publications

- 2000-01: **Letters to the Editor in *Amnews, Clinical Psychiatry News and NeuroPsychiatry Reviews*.**
- 2002 : **Valproate Acid in Very Young Children, *Journal of Affective Disorders*, March 2002.**
- 2002 : **Pearls on ADHD, *Current Psychiatry*, April 2002.**
- 2002 : **Ethics and Prescription Practices in the 21st Century: We Are Not Robots**
Neuropsychiatry Reviews
- 2003: **Schizophrenia + Bipolar= ADHD? *Psychiatric Times*, December 2003**
- 2004: **Is It Really ODD? *Psychiatric Times*, February 2004**
- 2004: **Bipolar Disorder and Genetics: Beyond Question, *Psychiatric Times*, June 2004**
- Eliminate Conduct Disorder & ODD... This is The Right Time!**
Psychline, Vol. 4 No 4.
- 2004: **Childhood Conduct Disorder and Oppositional-Defiant Disorder are Common Manifestations of Bipolar Disorder. (PRO stance) Debate in the Dec. issue of *Journal of Bipolar Disorders***
- 2006-2017: **Reviewer, *International Journal of Affective Disorders***
- 2007: **Literature Review: *Journal of Bipolar Disorders*, Review & Commentaries (April)**
- 2007: **Antidepressants in Children, *Journal of Bipolar Disorders*, May issue (Letter to the Editor)**
- 2007: **Balancing Privacy Rights and Public Safety, "From Our Readers" (Letter to *Psychiatric Times*) June issue.**
- 2007: **Is Borderline Personality Disorder a real syndrome or a cluster of symptoms? *Journal of Bipolar Disorders*, July issue.**
- 2007: **The Crisis of Overdiagnosed ADHD in Children, Commentary, *Psychiatric Times*, July issue.**

- 2007: **BOOKS:** *Protecting your Children from Bad Medicine: How the ADHD Diagnosis has been Abused.* (Now out of print)
- 2015: *Are My Mood Swings bipolar? All you Need to Know about PTSD & Bipolar* (Kindle)
- 2019: ADHD: A Real Disease but a False Epidemic (Kindle)
- 2007-2008: Several **interviews** conducted by Psychiatric Times and Clinical Psychiatry News
- 2008: **Bipolar Disorder, The Case Against Antidepressants**, *Psychiatric Times*, October issue.
- 2009: **The Journey Out of Madness**, *Psychiatric Times*, February 2009
- 2010: **Extinction of Oppositional-Defiant Symptoms Following Treatment with Mood Stabilizers: A Five Year (minimum) Case Series**, Poster Presentation at the U.S. Psychiatric Congress, Orlando, FL, November 2010.
- 2011: **Are the Media and the Public Still Missing the Clues?** *Psychiatric Times*, August 2011.
- 2011: **Mood Disorders and Substance Abuse: The Chicken or the Egg?** Poster Presentation at the U.S. Psychiatric Congress, November 2011.
- 2016: **The ADHD Controversy**; *Psychiatry Letter*, January issue.
- 2016: **Childhood Bipolarity**; lecture at the Mid-Year Annual Meeting American Association of Osteopathic Neurologist and Psychiatrist, West Palm Beach, FL (March)
- 2017: **Bipolar Depression and “Depression”:** **what a difference a word can make!** (Lecture)
Presentation at the Annual Conference, Department of Nursing, NMSU
- 2017: Mental in the Tribal Nations, lecture at the “Advancing Tribal Healthcare” Conference, Santa Fe, NM
- 2018: Letter to the Editor: The Underuse of loxapine; *Clinical Psychiatry News*
- 2019: Interview by the podcast “**Ask Mo**”. Topic: *Diagnostic Accuracy in Psychiatry*.

TEACHING APPOINTMENTS

- 2001: East Tennessee State University: Assistant Clinical Professor
- 2007: St. Matthews School of Medicine: Assistant Clinical Professor
- 2009: University of Central Florida: Assistant Clinical Professor
- 2012: Florida State University: Assistant Clinical Professor
- 2015: Burrell College of Osteopathic Medicine, Chair of Psychiatry and Residency Program Director