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## **EDUCATION**

9/1989-  
6/1993      **State University of New York at Buffalo**, Buffalo, NY  
Bachelor of Arts, Psychology, *cum laude*

9/1995-  
6/2004      **Illinois School of Professional Psychology** (APA Approved), Chicago, IL  
Doctorate: Clinical Psychology  
Masters Degree: Clinical Psychology

### **Dissertation:**

The use of Eye Movement Desensitization and Reprocessing (EMDR) in the treatment of posttraumatic symptomology of a cancer patient in recent remission.

9/2003-  
5/2004      **Fordham University School of Graduate Studies**, New York, NY  
Postgraduate Certification: Assessment and Treatment of Interpersonal Trauma

## **POSTDOCTORAL RESIDENCY**

2/2005-  
2/2006      **Clements & Associates, P.A.**, Lake Mary, FL.  
Performed psychodiagnostic evaluations with a diverse population. Evaluations consisted of clinical interviews and psychological tests that were administered, scored and integrated into comprehensive psychological reports.

## **PREDOCTORAL INTERNSHIP**

9/1999-  
9/2000      **Carl T. Hayden Veterans Affairs Medical Center**, Phoenix, AZ  
Participated in the following rotations:

*Medical Psychology:* Performed psychological evaluation of pain management and eligibility for organ transplantation. Provided individual therapy for pain management, stress management and adjustment to chronic medical conditions such as multiple sclerosis, diabetes, HIV and cancer. Assessment included depression screenings of patients following myocardial infarction and following interferon treatment for Hepatitis C. Facilitated smoking cessation, stress management and pain management groups.

*Substance Abuse Assessment and Treatment:* Participated in an intensive twelve week training seminar that included assessment, cognitive-behavioral training, assertiveness training, anger management, family and group dynamics, PTSD,

women's issues, dual diagnosis, spirituality, and relapse prevention. The disease model of addiction and the twelve-step AA model were the basis of assessment and treatment.

*Outpatient and Inpatient Mental Health:* Performed diagnostic intakes, treatment planning and therapeutic interventions with a broad patient population. Therapeutic interventions were provided in group modalities, as well as in the context of family therapy. Participated in multidisciplinary team meetings with staff psychologists, psychiatrists, social workers and psychiatric nurses.

### **PROFESSIONAL EXPERIENCE**

- 9/2007-  
Present      **Comprehensive MedPsych Systems, Inc.**, Sarasota, FL  
*Licensed Clinical Psychologist*  
Conduct clinical interviews, administer and interpret a variety of psychological tests, and prepare comprehensive psychological reports. Provide individual psychotherapy.
- 2/2006-  
Present      **Clements & Associates, P.A.**, Ft. Myers, FL  
*Licensed Clinical Psychologist*  
Operate and maintain independent satellite office including oversight of all clinical aspects of service provision. Provide psychodiagnostic evaluations to assess level of functioning and identify deficits in the areas of cognitive, memory, personality and learning disabilities. Assess overall mental health and the impact of substance abuse, traumatic brain injury, dementia, cerebrovascular illness, terminal and chronic illness, chronic pain, intellectual impairment and learning disabilities. Conduct clinical interviews, administer tests, and prepare comprehensive psychological reports. Provide individual psychotherapy.
- 2/2004-  
2/2005      **Mental Health Association of Westchester**, Center for Responders and  
Emergency Workers, Mt. Kisco NY  
*Mental Health Clinician*  
Provided individual, couples and family therapy for individuals who either worked or volunteered at Ground Zero following the September 11<sup>th</sup> terrorist attacks. Conducted psychoeducational workshops about PTSD, secondary trauma and burnout for community and county agencies. Provided adjunctive mental health treatment to clients suffering from a variety of medical conditions including cancer, pulmonary issues and autoimmune illnesses
- 2/2002-  
2/2004      **Mental Health Association of Westchester**, Family Assessment Center,  
Elmsford, NY  
*Mental Health Clinician*  
Conducted diagnostic intakes on adults, adolescents and children residing at a shelter

for homeless families. Facilitated appropriate referrals for clients, and managed onsite crises. Consulted with medical, substance abuse, and casework staff onsite. Led client case conferences and weekly team meeting. Completed monthly statistics to monitor productivity and follow trends in service utilization.

6/1998-  
8/1999

**Diamond Headache Inpatient Unit at Columbus Hospital, Chicago, IL**  
*Biofeedback Therapist*

Provided orientation sessions to new patients regarding both physiological and psychological components of biofeedback and self-regulation. Connected patients to biofeedback equipment which measured and recorded skin temperature and electromyograph readings. Performed relaxation, diaphragmatic breathing and imagery training with patients in conjunction to biofeedback. Developed and presented class on the physiological and psychological sequelae of chronic pain. Attended weekly multidisciplinary patient treatment planning and progress meetings. Consulted with other health care team members to develop discharge plans to ensure an appropriate continuum of care.

8/1993-  
8/1995

**National Center for the Treatment of Phobias, Anxiety & Depression,**  
Washington D.C.

*Office Manager and Intake Coordinator*

Conducted intake interviews of new patients and directed them to appropriate physicians and therapists. Coordinated patient treatment scheduling for group sessions and verified patient prescriptions. Served as liaison between National Institute of Mental Health fellows and staff physicians. Oversaw all aspects of office administration and billing.

## **TRAINING AND PROFESSIONAL DEVELOPMENT**

### **Therapy Practicum**

9/1997-  
9/1998

**Grant Hospital, Psychiatry and Behavioral Medicine Division, Chicago, IL**  
Participated in the following major rotations:

*Intake and crisis intervention:* Evaluated emergency room patients upon admission to determine appropriate level of care. Worked with attending physicians to secure admissions, and provided consultation to address possible psychopathology.

*Inpatient mental health unit:* Led an insight-oriented group therapy session three times a week. Performed psychosocial histories and obtained consent forms from patients to allow for appropriate treatment planning. Worked in collaboration with staff social workers to ensure effective discharge planning. Attended multidisciplinary staff meetings regarding patients' continuum of care.

*Partial hospitalization:* Served as co-leader of two psychotherapy groups. One group consisted of the chronically mentally ill, the other of dual diagnosis clients suffering from both mental illness and chemical dependency. Participated in treatment planning and staff meetings. Provided ongoing individual psychotherapy for several clients.

*Chemical Dependency Unit:* Served as co-leader of an insight-oriented group focused on encouraging and supporting integration of addiction and recovery principles into the daily lives of clients. Accompanied clients to Alcoholics Anonymous and Cocaine Anonymous meetings. Participated in treatment planning and provided brief individual therapy for several clients.

### **Diagnostic Practicum**

9/1996-  
9/1997      **Diamond Headache Inpatient Unit at Columbus Hospital, Chicago, IL**  
Conducted over 80 biopsychosocial admission interviews. Administered, scored, interpreted and wrote diagnostic reports. Developed and led a psychoeducational class for patients on the mind-body connection and healing. Participated in weekly multidisciplinary meetings regarding patient treatment and progress. Consulted with other health care providers regarding psychological aspects involved in medical condition. Provided patients with follow up information regarding test results, and upon discharge, provided referrals for further psychological services. Collected data to support a grant proposal for further study of the relationship between chronic migraine and childhood sexual abuse.

### **RESEARCH EXPERIENCE**

6/2000-  
6/2004      **Illinois School of Professional Psychology, Chicago, Illinois**  
*Psy.D Candidate*  
Designed study and collected original data for a single case study regarding the effectiveness of EMDR in alleviating post-traumatic symptoms for a cancer patient in recent remission. Utilized pre- and post-treatment measures to assess the degree of symptom relief. Narrative information provided to elucidate the client's experience of treatment.

9/1992-  
6/1993      **State University of New York at Buffalo, Psychology Department**  
*Research Assistant*  
Assisted in developing, modifying and disseminating questionnaires to schools, shelters, hospitals and child care centers throughout the U.S. for a study on ritualized child abuse.

9/1991-      **State University of New York at Buffalo, Psychology Department**

6/1992            *Research Assistant*  
Participated in the PATH Project: People And Transition in Housing, a study of the transient homeless population of Western New York. Conducted interviews of subjects in shelters and soup kitchens and performed statistical analysis.

9/1990-           **State University of New York at Buffalo**, Psychology Department  
6/1991            *Research Assistant*  
Participated in a study on the content and analysis of jury deliberations where pleas of "not guilty by reason of insanity" and "guilty but mentally-ill" were involved. Assisted in the development and modifications of a coding system used to measure and analyze data from more than 150 subjects. Performed statistical analysis and correctional evaluation of various factors in study

## **CERTIFICATIONS**

EMDR (Eye Movement Desensitization and Reprocessing) – Levels 1 & 2.  
Assessment and Treatment of Interpersonal Trauma – Levels 1 & 2.

## **TEST ADMINISTRATION EXPERIENCE**

Wechsler Adult Intelligence Scale-III  
Wechsler Intelligence Scale for Children-IV  
Wechsler Preschool and Primary Scale of Intelligence-IV  
Wechsler Memory Scale-III  
Comprehensive Test of Nonverbal Intelligence  
Woodcock Johnson-III Achievement and Cognitive Abilities  
The Bayley Scale of Infant Development-III  
Vineland Adaptive Behavioral Scale  
Children's Memory Scale  
Minnesota Multiphasic Personality Inventory-II & A  
Symptom Checklist 90  
Structured Interview of Reported Symptoms  
Berry Buktenica Developmental Test of Visual-Motor Integration  
IVA Continuous Performance Test  
Tests of Variable Attention  
Conners Parent and Teaching Rating Scales  
Beck Youth Inventory.