

## **Curriculum Vitae**

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### **SCOTT A. MATHIAS, Psy.D., ABPP**

Comprehensive MedPsych Systems  
1250 South Tamiami Trail, Suite 201  
Sarasota, Florida 34230

Florida Licensed Psychologist (PY 6945)

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### **PROFESSIONAL INTERESTS**

Pediatric and Adult Neuropsychology, Childhood and Adult Psychopathology and Treatment, ADHD/Learning Disabilities, Cognitive Behavioral Psychotherapy and Reality Therapy, Rehabilitation and Health Psychology, and Pain Management

### **EDUCATION**

#### **Board Certification in Clinical Psychology (ABPP)**

American Board of Professional Psychology  
Certification Conferred July 2008

#### **Doctor of Psychology in Clinical Psychology (Psy.D.)**

Florida Institute of Technology, Melbourne, Florida (APA Accredited)  
Degree Conferred September 2001

#### **Master of Science in Psychology (Clinical Concentration)**

Florida Institute of Technology, Melbourne, Florida  
Degree Conferred August 1999

#### **Master of Science in Family Support Studies (Administrative Concentration)**

Nova Southeastern University, Fort Lauderdale, Florida  
Degree Conferred November 1994

#### **Bachelor of Science Degree in Psychology**

Pennsylvania State University, University Park, Pennsylvania  
Degree Conferred May 1988

#### **Reality Therapy Certification (RTC), via William Glasser Institute, Chatsworth, CA**

Certification Completed July 1998, Orlando, Florida

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### **ACADEMIC SPECIALIZATIONS**

#### **Neuropsychology Track, Florida Institute of Technology**

Neuropsychological Assessment, Central Nervous System Disorders, Psychopharmacology.

#### **Child Specialty Track, Florida Institute of Technology/Nova Southeastern University**

Child Behavior Disorders and Assessment, Psychotherapy with Children, Family Psychology.

**INTERNSHIP EXPERIENCES**

**(2000 total hours)**

**Eastern Virginia Medical School (EVMS)**  
Department of Psychiatry and Behavioral Sciences  
Norfolk, Virginia 23507

(APA Approved Site)

**1<sup>st</sup> Major Rotation**

**Eastern State Hospital**  
PsychoSocial Rehabilitation Program  
Williamsburg, Virginia

**07/01/2000 – 12/31/2000**

State hospital rehabilitation program offering services to a chronic adult population in order to promote discharge and transition to community living arrangements.

Duties: Participated in multi-disciplinary treatment teams and patient treatment planning, conducted weekly behavioral rounds and patient contact, facilitated psychosocial therapy groups, individual therapy, psychological assessment, and attended weekly colloquium training seminars.

**1<sup>st</sup> Minor Rotation**

**Eastern State Hospital**  
Neuropsychological Services  
Williamsburg, Virginia

**07/01/2000 – 12/31/2000**

Duties: Provided neuropsychological assessment and consultation to all other therapeutic programs operating within the state hospital. Also participated in biweekly Neuropsychological Interest Group and Pediatric Neuropsychology Interest Group through EVMS.

**2<sup>nd</sup> Major Rotation**

**Hampton/Newport News Community Services Board**    **01/01/2001 – 6/30/2001**  
Newport News, Virginia

Community mental health center providing mental health and substance abuse treatment services to residents of the cities of Hampton and Newport News, including children, adolescents, adults and families.

Duties: Conducted intake interviews, made appropriate referrals for psychiatric, individual and group therapy services, conducted court ordered evaluations for adolescents and adults, and provided individual/family therapy services.

**Outpatient Experience**

**Eastern Virginia Medical School**  
Hofheimer Hall, Outpatient Training Clinic  
Norfolk, Virginia

**07/01/2000 – 06/30/2001**

**INTERNSHIP EXPERIENCES (continued)**

Duties: Attended weekly seminar series on Wednesday mornings, and provided outpatient therapy services to young children on Wednesday afternoons using play therapy and cognitive behavioral models.

**CLINICAL PRACTICA**

**(1550 total hours)**

**Florida Institute of Technology**  
Melbourne, Florida

**Sea Pines Rehabilitation Hospital**  
Melbourne, Florida

**01/2000 – 05/2000**  
150 hours

Behavioral Medicine Department of an 80-bed comprehensive rehabilitation hospital with diagnoses including head injury, oncology, pediatric, spinal cord injury, orthopedic/neurologic, pain management, and general rehabilitation.

Duties: Neuropsychological assessment and mental status examinations, diagnostic interviewing and report writing, individual, group and family therapy, and patient psycho-education.

**Circles of Care Psychiatric Facility**  
**Sheridan Oaks and Harbor Pines Adult Units**  
Melbourne, Florida

**06/1999 – 12/1999**  
300 hours

Acute inpatient hospital serving an adult population with a wide range of psychiatric diagnoses.

Duties: Conducted three group therapy sessions per day twice weekly for acute adult inpatient population, including both group process and art expression forms of therapy. Conducted psychosocial assessments and assisted with milieu therapy. Assisted in the development of a curriculum for a psycho-educational Life Skills Group on Harbor Pines Unit, and conducted same group twice weekly.

**Neuropsychological Team, Florida Tech**  
Melbourne, Florida

**06/1999 – 12/1999**  
150 hours

Duties: Conducted neuropsychological testing and report writing, provided testing feedback to clients. Provided individual therapy and arranged community based services for clients requiring additional support.

**East Central Florida Memory Disorder Clinic**  
Melbourne, Florida

**02/1999 – 05/2000**  
150 hours

Nonprofit agency primarily funded through the Alzheimer's Disease Initiative of the State of Florida Department of Elder Affairs.

Duties:

- (1.) **Group Co-facilitator for a Caregiver Wellness Group** serving family members and caretakers of clients experiencing memory loss and dementia (08/1999 – 05/2000). The

**CLINICAL PRACTICA** (continued)

group provided support to individuals in the care-taking role, and offered educational information of ways for caretakers to meet their own needs.

- (2.) **Group Co-facilitator for Memory Hygiene Group**, a six week support and training group for individuals who have adequate memory capabilities, but still have concerns about their daily memory functioning (03/1999 – 05/1999). Trained other therapists to lead similar groups.
- (3.) **Conducted Memory Screenings**, and assisted with differential diagnosis and treatment planning of outpatient clients as a member of a multi-disciplinary treatment team. Weekly triage meetings of the team included a neurologist, a neuropsychologist, a research psychologist, a social worker, and doctoral level students in neuropsychology.

**Community Psychological Services of Florida Tech**      **06/1999 – 09/1999**  
Melbourne, Florida      150 hours

Community mental health center serving Brevard County and surrounding areas.

Duties: Conducted diagnostic interviews, personality and intelligence testing of adults and children, and individual, couples and family counseling. Provided community outreach and referral information to other local mental health facilities. Psychotherapy sessions were videotaped to be viewed and critiqued in group and/or individual supervision.

**Center for Emotional and Behavioral Health**      **01/1999 – 05/1999**  
**At Indian River Memorial Hospital**      150 hours  
Vero Beach, Florida

Duties: Provided outpatient counseling services to elementary and middle school aged children and their families within the school setting using a brief/dynamic therapy model. Within the inpatient setting, completed one adult psychological battery to assist treatment planning.

**Counseling and Psychological Services**      **06/1998 – 12/1998**  
**Florida Institute of Technology**      300 hours  
Melbourne, Florida

Outpatient university counseling center serving the students, faculty, and staff of Florida Tech.

Duties: Conducted intake interviews, psychological testing, individual therapy, community outreach and presentations, liaison work with campus Office of International Student Affairs. Psychotherapy sessions were videotaped to be viewed and critiqued in group and/or individual supervision.

**Family Learning Program**      **12/1997 – 01/1999**  
**Florida Institute of Technology**      200 hours  
Melbourne, Florida

Nonprofit outpatient organization offering psychological treatment and support to families who have experienced sexual abuse.

**CLINICAL PRACTICA (continued)**

Duties: Co-facilitator of group therapy for the non-offending parents of children who have been sexually abused. Provided didactic parent education and processed the effects of abuse on the family. Conducted family intake interviews, psychological assessment, treatment planning and documentation. Also conducted family therapy for those families requiring additional support.

**PROFESSIONAL EXPERIENCE**

**Comprehensive MedPsych Systems, Inc. 05/2009 – present**  
**Sarasota, FL**  
**Rehabilitation / Neuropsychology and Behavior Medicine**

Responsibilities include inpatient neuropsychological services on the rehabilitation unit of Fawcett Memorial Hospital in Port Charlotte, Florida, as well as neuropsychological consultative services with the outpatient rehabilitation, oncology, spine and orthopedic, and stroke care units of the hospital. Current responsibilities also include completion of outpatient pediatric and adult neuropsychological evaluations, with the intention of developing additional outpatient neuropsychological services in Port Charlotte and surrounding areas.

**Silver Psychology Center, Fort Myers, FL 06/2003 – 05/2009**  
**Psychology Resident/Licensed Psychologist**

Completed residency with Dr. Robert Silver from 6/03 to 6/04 in compliance with licensure regulations for the State of Florida. Upon completion of one year, licensure as a psychologist in the State of Florida was granted. Employment with the Silver Psychology Center continued following completion of the residency. Responsibilities included completion of psychological intake evaluations, pediatric and adult psychological and neuropsychological assessments and feedback, individual/family psychotherapy, worker's compensation evaluations, competency and sanity evaluations, pre-employment evaluations for police departments, fitness for duty evaluations, and consultation with other community resources and professionals.

**Gray Neuropsychology Associates, Inc, Arlington, TX 09/2001 – 5/2003**  
**Pediatric Neuropsychology Post-Doctoral Resident**

Responsibilities included administration of neuropsychological instruments/batteries, test scoring, initial interpretation/diagnosis based upon the test results, history and behavioral observations, participation in the report writing process, as well as providing comprehensive feedback to family members, referral sources, and/or custodial caregivers. Population served was comprised primarily of foster/adoptive children and youth, ages 5 to 18 years, although adult evaluations were also conducted.

**PROFESSIONAL EXPERIENCE (continued)**

**Children's Choice Foster Care, Harrisburg, PA**                      **05/1993 – 05/1997**  
**Program Coordinator**

Private, Christian foster care agency.

Duties: Supervised four caseworkers and a secretary, oversaw 40 foster children placed in 20 foster homes, conducted foster home studies and annual foster home re-evaluations, placement matching, staff performance evaluations, implementation of policies and procedures, and administrative duties.

**Children's Choice Foster Care, Selinsgrove, PA**                      **05/1991 – 05/1993**  
**Caseworker**

Duties: Provided case management and family support for 15 foster children and their foster and biological families, facilitated family visitations, documentation, and treatment plan development.

**Hillside Adolescent Psychiatric Hospital, Atlanta, GA**    **09/1989 – 10/1990**  
**Behavioral Specialist**

Duties: Night-time behavior rounds and bed checks for a 40 bed adolescent psychiatric facility, behavior management, grounds security checks, and documentation.

**Meadows Psychiatric Center, Adolescent 1 Unit,**                      **11/1988 – 07/1989**  
**Centre Hall, PA**  
**Mental Health Technician**

Duties: Implementation of treatment plans and treatment team recommendations, milieu therapy, assisted with group therapy and art and music therapy activities, and documentation.

**Strawberry Fields, Inc., State College, PA**                      **03/1988 – 11/1988**  
**Goal Manager**

Duties: Development of goals for severely mentally retarded adults in group home settings, assisted with daily living skills and tasks, medication administration and monitoring, and overnight supervision of clients.

**RESEARCH EXPERIENCE**

**Florida Institute of Technology**    **06/1998 – 03/1999**  
Thesis: MMPI-2 Configural Patterns as Predictors of Treatment Outcome in a Campus  
Counseling Center

**Nova Southeastern University**    **06/1994 – 11/1994**  
Practicum Project: Development of a Working Model for a Private Foster Care Agency to  
Facilitate Planning Considerations Associated with Cases Involving an  
Incarcerated Parent

## **RESEARCH EXPERIENCE (continued)**

**Pennsylvania State University** **09/1987 – 05/1988**

Undergraduate Research Assistant: Anger and peer acceptance in children.

Assisted graduate level students in coding the responses of children to standardized questions concerning the expression of anger.

## **PUBLICATIONS**

Mathias, S. A. (1998). The power of an open agenda during formal staff meetings: A case example. The International Journal of Reality Therapy, 18, 38-40.

Mathias, S. A. (1997). Development of a model handbook for a private foster care agency to facilitate case planning in cases involving an incarcerated parent. The Jean Harrell Memorial Journal: A Publication of Outstanding Practicums, 2, 47-55.

## **REFEREED PRESENTATIONS**

- 03/20/99 **Mathias, S.**, and Krishnamurthy, R. (1999). MMPI-2 Codetypes as Predictors of Psychological Treatment Outcome. Poster Presentation (2<sup>nd</sup> Masters Degree thesis results) at the 45<sup>th</sup> Annual Southeastern Psychological Association (SEPA) Meeting, Savannah, Georgia.
- 01/09/95 Beckerman, A., and **Mathias, S.** (1995). Permanency Planning: Mastering the obstacles when a parent is incarcerated. Presentation (Masters Degree practicum results concerning casework with incarcerated parents) at the 8<sup>th</sup> Annual Conference of the National Institute for Alternative Care Professionals, St. Petersburg, Florida.
- 12/08/94 Harm, N., Beckerman, A., Jackson, M., **Mathias, S.**, and Hungerford, G. (1994). Pro-family in a "Get Tough" world: Programs and policies for incarcerated women and their children. Panel Presentation (Masters Degree practicum results concerning casework with incarcerated parents) at the 8<sup>th</sup> Annual Conference of the National Association for Family Based Services, Boston, Massachusetts.

## **TEACHING AND SUPERVISORY EXPERIENCE**

**Graduate Teaching Assistantship** **01/2000 – 05/2000**  
Florida Institute of Technology

Graduate assistantship award. Supported professor in teaching Clinical Skills II course to first year doctoral students in clinical psychology. Assisted in lesson planning, and provided in-class clinical demonstrations as well as didactics.

**TEACHING AND SUPERVISORY EXPERIENCE** (continued)

**Instructor, Assessment of Intelligence Lab** 09/1999 – 12/1999  
Florida Institute of Technology

Graduate assistantship award. Taught weekly 2-hour lab for first year doctoral students in clinical psychology. Topics included administration, scoring, interpretation and basic report writing skills using the WAIS-III and WISC-III, as well as an introduction to achievement testing. Lab instructors conducted formal checkouts to assess student competency in administering standardized intelligence tests.

**Peer Supervision/Small Group Leader** 05/1999 – 08/1999  
Community Psychological Services of Florida Tech  
Facilitated weekly group meetings with less experienced student therapists, discussed issues pertinent to a community counseling center setting such as suicide risk, liability, lines of questioning with clients, and documentation procedures.

**Participant, Ethics Focus Group** 03/1999  
School of Psychology, Florida Institute of Technology

Participated in group discussion with other students and with faculty to prevent incidences of ethically questionable behavior within the School of Psychology.

**Peer Supervision/Small Group Leader** 01/1999 – 05/1999  
Counseling and Psychological Services

Facilitated weekly group meetings with less experienced student therapists, discussed issues pertinent to a university counseling center setting such as therapy techniques, lines of questioning with clients, working with resistant clients, and documentation procedures.

**Undergraduate Teaching Assistant** 01/1988 – 05/1988  
Pennsylvania State University

Provided assistant to the professor with class projects, as well as sampling a computerized statistical program (PSYSTAT) for a biopsychological research methods course.

**AWARDS AND HONORS**

**Two Graduate Student Assistantships Awarded** 1999 – 2000  
Florida Institute of Technology, Melbourne, Florida

**Nomination for the Jean Harrell Memorial Practicums Honors Award**, Masters Practicum Project 1995  
Nova Southeastern University, Fort Lauderdale, Florida

**Staley Academic Scholarship** 1984 – 1985  
Virginia Wesleyan College, Norfolk Virginia

**PROFESSIONAL AFFILIATIONS**

Secretary: Florida ABPP Chapter Executive Committee

Member: American Psychological Association (APA)

Member: American Psychological Association, Division 40 (Neuropsychology)

Member: American Psychological Association, Division 38 (Health Psychology)

Member: American Psychological Association, Division 22 (Rehabilitation Psychology)

Member: Florida Psychological Association (FPA)

Certified Member: William Glasser Institute / Formerly The Institute for Reality Therapy,  
Choice Theory and Quality Management

**OTHER EXPERIENCES AND REFERENCES:** Available upon request.