

**Arshad Mahar, M.D.**

**Psychiatrist**

*1250 S. Tamiami Trail, Suite 201  
Sarasota, FL 34232*

**Education:**

**2008-2011**

University of Kansas, Kansas City, Kansas  
Psychiatry Residency training program

**2005-2008**

New York Medical College Brooklyn Queens Family Medicine  
Residency Program, NY

**2004-2005**

Peninsula hospital center, New York  
Internship in department of family medicine.

**1995-2000**

Baqai Medical College Karachi, Pakistan  
Degree: MBBS

**Examinations:**

USMLE Step 1:	2002
USMLE Step 2:	2003
Clinical skills Assessment:	2003
USMLE Step 3:	2008
ECFMG Certification:	2008

## **Work Experience:**

### **10/2011-present**

Staff Psychiatrist (part-time)

Comprehensive MedPsych Systems, Sarasota, FL

Provide outpatient psychiatric services to adults and children

Provide psychiatric services to inpatient medical rehabilitation (PM&R) patients at HealthSouth rehabilitation Hospital of Sarasota and Complex Care Hospital of Sarasota

### **2011-Present:**

Staff Psychiatrist (full-time)

VA Primary Care Clinic, Sarasota, Florida

Provide psychiatric care to the Veteran in outpatient setting.

### **2010-2011:**

Osawatomie State Hospital, Osawatomie, KS

Provided on call Services on the Weekends. Responsibilities included Psychiatric Evaluations on new admissions, performing Physical Examinations, accepting and coordinating transfer of patient in collaboration with the referring ER Physicians.

### **2010-2011:**

Kaw valley Center for Mental Health, Kansas City, KS.

Inpatient Child and Adolescent Psychiatric Unit

Provided on call Services on the Weekends. Responsibilities included Psychiatric evaluations on new admissions, performing Physical Examinations, accepting and coordinating transfer of patient in collaboration with the referring ER Physicians.

## **Certification:**

Board Certified in Family Medicine

Board Eligible in Psychiatry

BLS-Certified

## **Achievements:**

### **Chief resident :**

July 2007-June 2008

Brooklyn Queens Family Medicine Program, New York

Department of Family Medicine

Responsible for Scheduling Rotation of all the residents in the residency program, made clinic rotation schedule for residents, worked closely with the Program Director and the Chairman of the Department in screening the applications and interviewed candidates for the residency training.

Assisted Program Director to create Curriculum for the didactics and started a program to help residents to score better on In-service examinations.

### **Chief resident :**

November 2010-February 2011

University of Kansas, department of psychiatry.

Responsible for Scheduling Rotation of all the residents in the residency program, made clinic rotation schedule for residents, worked closely with the Program Director.

## **Research Experience:**

### **Poster Presentation:**

Annual Family Medicine, Pittsburg, 2008. "Falls in elderly".

The poster was one of the winner poster.

### **Research Excellence award:**

Brooklyn Queens Family Medicine Residency Program, NY.

**Grand Round Presentation:** "Obstructive Sleep Apnea and Mood Disorders".

University of Kansas, KS

**Committee's:**

**ACGME Resident Committee**

University of Kansas  
Represented Psychiatry residents.

**ACGME Internal Review Committee**

University of Kansas  
Interviewed residents from department of Anesthesia Residency Training Program

**Other titles held:**

**Clinical Instructor:**

2007-2008  
New York Medical College  
Supervised medical students

**Licensures:**

Current and Active License to Practice Medicine and Surgery in the State of Florida  
DEA Certification  
BLS Certification

**Memberships:**

American Association of Psychiatry  
American Medical Association

**Volunteer Work:**

Manassas Free Clinic in 2003  
Performed Physical exams, took histories and discussed cases with attending to provide free care.