

Catherine E. Luckner
(nee name "MCNABB"; previously licensed as "Smallwood")
(cell) 941-925-8093
(office) 941-363-0868

PRACTICE FOCUS: adults and adolescents

Health recovery and living with chronic medical conditions
Bereavement/Grief
Postpartum depression
Mood disorders- Depression and Anxiety
Interpersonal skills and personal coaching in life adjustments
Stress management
Teaching/Seminar and group presentations for health recovery
Caregiver and family support/patients with disability

Education

Clinical Internship 8/1978-8/79
Dept. of Psychiatry/Psychology
College of Medicine/TMC Houston, Texas

Master of Science 9/1974-6/77 Clinical and School Psychology
The Florida State University
Tallahassee, Florida

Bachelor of Arts 9/1970-6/73 Psychology and Education *summa cum laude*
Mercer University
Macon, Georgia

License

State of Florida Mental Health Counselor (#001592 since 6/1986)

Professional Affiliation

Florida Psychological Association
American Board of Professional Counselors/American Psychotherapy Association

Publications

"The Caring, thinking Heart " Catherine Smallwood-Luckner M.S.LMHC in *Vim & Vigor Magazine* (summer 2005) pg. 51. Sarasota Memorial HealthCare Foundation, Inc.

"Heartfelt Answers " by Catherine Smallwood Luckner in *Signature Care, Heart and Vascular Institute, Sarasota Memorial Hospital* (Winter 2004) Quarterly.

"The Caring Thinking Heart" by Catherine Smallwood Luckner in *Signature Care, Heart and Vascular Institute, Sarasota Memorial Hospital* (Fall 2003) Quarterly.

"Self Evaluation for Psychotherapists." Beutler, Larry E. and McNabb, Catherine E.
The Practice of Clinical Psychology ,(1981) Eugene Walker (Ed). New York: Pergamon Press.

"Behavioral Treatments for Heterosocial Problems: effects on daily self-monitored and role-played interaction." Heimberg, Richard; Madsen, Charles Jr.; Montgomery, Daniel; McNabb, Catherine E.) Behavior Modification, 4(2)(1980), 147-172.

Paper Presentations/ Course and Lecture Presentations/ Educational Seminar Presentations

(9/03 to present as Volunteer Educator)

2003-2008 Instructor and clinical presenter *Cardiac Stress Management/Health Recovery Cardiac Rehabilitation Outpatient Program Sarasota Memorial Hospital*

(9/04-4/06)

2004-2006 Instructor and Clinician *"Lose and Win" Comprehensive Weight Loss Program, Diabetes Education/Bariatric Medicine of Sarasota Memorial Hospital*

May-June 2004 Instructor and Clinician *Class Series/Course "After the Diagnosis; living well with medical illness". Bayside Center for Behavioral Health at Sarasota Memorial Hospital*

October 2003 Featured Speaker *Women's Heart Advantage Project Presentation Waldemere Auditorium Sarasota Memorial Hospital*

***** AVAILABLE ON REQUEST FOR YEARS PRIOR TO 2003;******

LECTURES, PROGRAM PRESENTATIONS AND CLASSES ON STRESS MANAGEMENT, HEALTH RECOVERY, DEPRESSION AND ANXIETY REDUCTION, PARENTING SKILLS, BURN-OUT PREVENTION FOR HELPING PROFESSIONALS

Employment/Work History

1/2006-present *Comprehensive MedPsych Systems, Inc. Sarasota, FL. Responsibilities: Psychotherapy for adults and adolescents; stress management in living with medical illness, recovery post-cardiac events, bereavement, postpartum depression, depression and anxiety disorders*

8/1991-4/2006 *Dept. of Psychiatry/Bayside Center for Behavioral Health at Sarasota Memorial Hospital, Sarasota, FL Responsibilities: Psychotherapy, Clinical Assessment, Group therapy, referral development, interdepartmental clinical consultation, Program Development for outpatient services, community lecture series and Help Classes*

9/1991-1/2006 *Private Practice/psychotherapy with adults, children, adolescents.*

8/1989-7/1991 *Director, Charter Counseling Center Sarasota, Florida Charter Hospital Corporation. Responsibilities: Program development, individual and group psychotherapy, supervisor of staff psychotherapists, intake and referral development, community lectures and classes, Administrative and financial management of Center*

- 4/1988-6/89 Tallahassee Pain and Stress Institute, Private Practice. Individual Psychotherapy adults providing treatment for anxiety, depression, stress management
- 9/1982-6/88 Apalachee Center for Human Services. Tallahassee, Florida
Responsibilities: Director of Wateroak Specialty Hospital (children and adolescents); Coordinator and Psychotherapist/PACE program (joint mental health and school- based day-treatment program) including supervision of clinical and behavior specialist staff, family and individual Therapy, teacher and medical staff liaison, case management.
- 4/1982-9/86 MGT of America, Inc. Tallahassee, Florida **Responsibilities:** Market research, program evaluation for legislative policy decisions_
- 9/1981-7/82 Dept. of Psychology, The Florida State University
Staff Psychologist **Responsibilities:** Intake, psychodiagnostic evaluations, psychotherapy for children, university students, families and adults.
- 6/1980-6/81 Psychology Associates, Tallahassee, FL **Responsibilities:**
Psychodiagnosics and therapy by individual referral; school evaluations, Family Medical Resident program referrals through Tallahassee Memorial Regional Hospital
- 8/1979-8/80 Federal Bureau of Prisons (FCI) Tallahassee, FL
Psychologist Trainee (GS- 9) in the Psychology Service. **Responsibilities:** Assessment, Post-sentencing Court evaluation and placement, Assessment, classification and orientation of offenders, psychotherapy and case management, data collection for Dr. Ned Megargee and Dr. Martin Bohn.
- 8/1978-8/79 Clinical Psychology Intern, Baylor college of Medicine
Texas Medical Center, Houston, Texas
Responsibilities: Individual and Group Psychotherapy at Baylor Adult Psychiatric Clinic; Emergency Psychiatric Center evaluations at Ben Taub General Hospital; training of Medical students on Psychiatry rotation; Texas Children's Hospital/Outpatient Psychiatry Clinic for treatment of children families, SpringCreek School for Emotionally Handicapped children, Behavioral Medicine training/St. Luke's Hospital.
- 9/1976-8/77 School Psychologist , Leon County Schools
Responsibilities: Psychological evaluations, classroom management and teacher consultation, family consultation, design behavioral program for truancy prevention and enhanced school attendance
- 9/1975-8/77 Consultant and Behavior specialist, Psychoeducational Consultants, INC.
Responsibilities:Provide therapy and parenting training/social skills coaching for adolescents living in professional parenting home (private Foster placements), home visits for return to home setting
- 9/1974-9/77 NIMH (National Institute of Mental Health) Fellow
The Florida State University, Tallahassee, FL

Research Projects:

“A comparison of behavior therapy techniques in modification of heterosexual problems of colleges males.” 1975

“Parent training in behavioral approaches to child management: group v.individual training.” 1975

“Parent training groups in behavior modification techniques: a study of two teaching methods, home program involvement v. no home program involvement.” 1976

8/1973-8/74

Admin. Assistant/Psychology Dept. Mercer Univ. Macon, GA.

Responsibilities: Departmental curriculum, secretarial, appointment scheduling, assist teaching staff and undergraduate students in psychology Department services.

1973-1974

9/1973-7/74 Attended Graduate Study in Education, Educational Policy and Law Mercer University, Macon, GA.

9/1970-6/73

Individual Tutor/Blind students, Mercer University

Law Library and Undergraduate Library Assistant, Mercer University

9/1970

Admitted to Mercer University, Macon, GA

6/1970

**Graduated St. Petersburg High School, Florida
Salutatorian**