

## *Résumé*

*Janet Carlson, MSW, LCSW*  
*Licensed Clinical Social Worker*

*1220 South Tamiami Trail*  
*Sarasota, FL 34230*  
*(941) 363-0878(office) / (941) 363-0527 (fax)*

### Education

April, 1985 Florida State University  
Tallahassee, Florida  
*Master's of Social Work*

June, 1971 Florida State University  
Tallahassee, Florida  
*B.A. Sociology*

### Professional Experience

August, 2007 - present Comprehensive MedPsych Systems, Sarasota Florida  
*Staff Psychotherapist*  
Individual, couples, family, group psychotherapy  
Eating disorder specialization

June, 2006 -  
August, 2007 Sarasota Memorial Hospital Health  
Bayside Center for Behavioral  
*Psychotherapist - Outpatient Program*  
Individual, couples, family, group psychotherapy  
Eating disorder specialization

April, 1988 -  
June, 2006 Private Practice, Sarasota, Florida  
*Co-founder of Eating Disorder Associates*  
Intensive outpatient program for clients with eating disorders  
Case Management, Quality Assurance  
Individual, Couples, Group Psychotherapy  
In-service training, seminars  
Community Outreach and Public Speaking  
Facilitator for Eating Disorder Support Group in conjunction with  
ANAD (Anorexia Nervosa and Related Disorders) (national non-profit)  
Consultation and evaluation to physicians, therapists,  
mental health facilities, and schools for eating disorders

- January, 1993 - Manatee Palms Hospital, Bradenton, Florida  
 July, 1994 Psychotherapist  
 Leader-Sexual Abuse Group Therapy  
 Leader-Adolescent Therapy Groups  
 Family Therapy  
 Case Management (interdisciplinary treatment team model)  
 Consultant to Eating Disorder Patients  
 Intake Assessment and Discharge Planning  
 Quality Control Assessment
- December, 1986 - Sarasota Palms Hospital, Sarasota, Florida  
 April, 1988 Program Coordinator: Bulimia Treatment Center  
 Designed, implemented, and administered the Bulimia Treatment Center  
 Supervised staff (nurses, nutritionist, and psychiatric technicians)  
 Consultation and evaluation on all Sarasota Palms Hospital units  
 Leader - body image group  
 Individual Psychotherapy  
 Leader-interdisciplinary treatment team meetings  
 Coordinated treatment for chemically addicted patients and overeaters  
 In-service training for eating disorders and legal aspects of hospitalization  
 Policy and Procedure creation, review, revision, and monitoring  
 Community Outreach and Marketing, Public Speaking
- June, 1986 - Sarasota Palms Consultation Center, Sarasota, Florida  
 December, 1986 Outpatient Eating Disorders Program Coordinator  
 Individual therapy with eating disorder patients  
 Leader - Group therapy for bulimics  
 Family Therapy  
 Initial Evaluation and Assessments  
 Consultation to physicians, mental health facilities, and schools
- January, 1985 - Sarasota Palms Hospital, Sarasota, Florida  
 April, 1985 Master's of Social Work Intern  
 Short and long-term psychotherapy  
 Marital and Family Therapy  
 Leader - Adolescent therapy groups  
 Co-leader - Adult therapy groups  
 Intake assessment and discharge planning  
 Case Management (interdisciplinary treatment team model)  
 Preparation of court cases for Baker Act hearings  
 Training in expressive therapy techniques (art and occupational therapy)

December, 1983 - Florida State University, Tallahassee, Florida  
August, 1984 Student Counseling Center  
Masters of Social Work Intern  
Short and long-term psychotherapy  
Intake assessment and evaluation  
Co-leader - assertiveness groups  
Consultant for eating disorder patients  
Presentation of seminars to sororities  
(pre-menstrual syndrome, eating disorders, body image, self-esteem)

August, 1983 - Women's Growth Center of Appalachee Mental Health Center  
December, 1983 Tallahassee, Florida  
Master's of Social Work Intern  
Individual therapy with female alcoholics and co-dependents  
Intake assessment and discharge planning  
Co-leader - Chemical dependency awareness groups  
Consultant for eating disordered patients

1981 -1982 Information and Referral Service, Sarasota, Florida  
Initial assessment of client social service needs  
Referral to proper community services  
Follow-up contacts with clients and agencies  
Public speaking to various community organizations

Awards Phi Kappa Phi

Organizations National Association of Social Workers (NASW)